

Spring Clearing Tips A B Cs

A Air conditioner maintenance Attic	B Barbecue maintenance Basement Beauty supplies Bathroom	C Clothing Car Crawl space	D Detectors - change the batteries in your smoke and CO2 detectors	E Eliminate your fears about making decisions regarding what to keep and what to let go	F Furnace Filters Fans Deep Fryer Furniture	G Garage
H Ask for Help Clearing things out can take a lot of time and energy	I Income Tax Submit your income tax forms Shred your old files	J Junk Drawer Clear out your junk drawers and give it a purpose Jewelry Box	K Kitchen Clear out your pantry of food that suits winter menus better than summer Knives	L Linen closet Living room Locker storage Laundry room Label items	M Menu planning for summer cooking Download music Material recycling	N Night stand New routines
O Overwhelmed Do your spring clearing in small steps Oven cleaning	P Patio Pool Porch	Q Quest to minimize how much you keep Quitting not allowed Question-Does it spark joy?	R Recreation Clear out winter sports equipment Decide on new summer activities	S Set schedules for new activities Sunrooms Storage rooms	T Reset timers Tools Toys Trinkets Trash be gone!	U Clear out under the bed and stairs Umbrellas
V Vacation time Videos Vents Volunteer commitments	W Why do it? Clear your space and clear your mind Water testing Windows	X eXamine what is stopping you, causing you to procrastinate .	Y whY did I want this stuff? whY did I bring this stuff in ? Yard maintenance planting, weeding	Z Zero in on what is important Congratulations time to catch some ZZZZZ's	Your List	Your List

Spring clearing involves changing schedules, activities, commitments and equipment. Clear out the items in your life you no longer need, use and want. I hope you enjoy going through the A B Cs and making your home suit your personality and lifestyle. If you need help contact julie@mindoverclutter.ca cell - 905 321 1616